

# TARO-Fingolimod

## PREGNANCY-SPECIFIC PATIENT REMINDER CARD

- Taro-Fingolimod is contraindicated during pregnancy and in women of childbearing potential not using effective contraception.
- Doctors will provide counselling before treatment initiation and regularly thereafter regarding the teratogenic risk of Taro-Fingolimod and required actions to minimize this risk.
- Patients must use effective contraception while taking Taro-Fingolimod.
- A pregnancy test must be carried out and negative results verified by the doctor before starting treatment. It must be repeated at suitable intervals.
- Patients will be informed by their doctor of the need for effective contraception while on treatment and for two months after discontinuation.

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- These are some sites for information on birth control options:
  - [sexandu.ca](http://sexandu.ca)
  - [plannedparenthood.org](http://plannedparenthood.org)

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- Doctors will provide counselling in the event of pregnancy and evaluation of the outcome of any pregnancy.
- While on treatment, women must not become pregnant. If a woman becomes pregnant or wants to become pregnant, Taro-Fingolimod must be discontinued.
- Patients should inform their doctor immediately if there is worsening of multiple sclerosis after stopping treatment with Taro-Fingolimod.
- Women exposed to Taro-Fingolimod during pregnancy are encouraged to join the Taro-Fingolimod Pregnancy Registry that monitors outcomes of pregnancy by calling 1.866.877.5180.
- Taro-Fingolimod is secreted in breast milk. It is not recommended to breast feed an infant when taking this medication.



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### Taro-Fingolimod and Male Reproduction

Available information does not suggest that Taro-Fingolimod would be toxic to an unborn child when taken by the father.

- However, as a precaution, some clinicians will advise male patients to stop Taro-Fingolimod at least three months before considering trying to father a child.